

GHANA

Ghana Immersion in Health Care

Jennifer Lee Morton, D.N.P., M.P.H., PHNA-BC, FAAN | jmorton@une.edu

Travel Dates: May 19th-29th

Estimated Travel Fee: \$3,800

DAY 1 | Depart Boston

Fly overnight from Boston Logan Airport to Accra, the capital of Ghana.

DAY 2 | Arrive in Accra

Arrive in Accra and travel by bus to Sekondi-Takoradi, twin cities in the Western Region of Ghana.

DAY 3 | Sekondi

Attend a culturally-immersive church service in the morning followed by the afternoon at an urban health clinic in Sekondi.

DAY 4 | Sekondi

Morning clinic in Sekondi followed by an afternoon lecture on nutrition as part of the academic exchange portion of the Ghana immersion.

DAY 5 | Sekondi & Kansawarado

Morning clinic either the Sekondi urban clinic or a rural clinic in Kansawarado. Then, enjoy an afternoon cultural shopping trip to a market in Takoradi.

DAY 6 | Sekondi & Kansawarado

Morning clinic followed by an afternoon academic exchange at Effia Mkwanta Hospital.

Sample Itinerary

DAY 7 | Sekondi & Kansawarado

Morning clinic and afternoon lecture on traditional practices in Ghana.

DAY 8 | Cape Coast

In the morning, travel to University of Cape Coast (UCC). Evening cultural immersion soccer game.

DAY 9 | Cape Coast

Participate in an academic exchange at UCC followed by afternoon cultural immersion at Elmina Castle, a UNESCO World Heritage Site and former slave-trading post on the Gulf of Guinea. Evening drumming experience.

DAY 10 | Kakum Park & Departure

Morning cultural exchange at Kakum National Park, which is home to many rare animals, including meerkat and pygmy elephants. In the afternoon, return to the U.S.A.

**Please note that itinerary is subject to change.